



DR. G. D. POL FOUNDATION
Y.M.T. HOMOEOPATHIC MEDICAL COLLEGE - HOSPITAL
(POST-GRADUATE INSTITUTE)

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Ref. No. YHMC/ / /

Date: / /20

16	Yoga for Health Promotion <ul style="list-style-type: none">• Space for Yoga Instructor, Supporting staff and Equipment• Availability of Equipment as specified in Appendix 10 of MES - 2024	Yes
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Dr. (Mrs.) S. P. Dandge
Principal
Dr. G. D. Pol Foundation
Y.M.T. Homoeopathic Medical College
P. G. Institute Kharghar,
Navi Mumbai - 410 210.

Dr.G.D Pol Foundation
Ymt Homoeopathic Medical College & Hospital (Charitable), PG Institute

DEPARTMENT OF YOGA FOR HEALTH PROMOTION

DETAILS OF ITEMS OF EQUIPMENTS AVAILABLE AS PER NCH (MES) REGULATIONS
EQUIPMENT REQUIRED IN DEPARTMENT OF YOGA FOR HEALTH PROMOTION

SR NO	ITEMS	AVAILABLE	
1	Weighing Machine	1	
2	Height Chart	1	
3	Blood Pressure Instruments	1	
4	Stethoscope	1	
5	Torch	1	
6	Hammer	1	
7	Patient Record Register	1	
8	Case Taking Performa	AS REQUIRED	
9	Diet Chart Pad	AS REQUIRED	
10	Yoga Mat	35	
11	Yoga Stretching Belt	10	
12	Yoga Exercise Ball	04	
13	Belly Twister	02	
14	Fitness Cycle	01	
15	Palm Ball	05	
Staff Qualification as per Schedule III			
	Designation	Required	Available
	Yoga Instructor	02(1male&1 female)	yes
1)	Yoga Instructor(male)	Sachin Yelve	yes
2)	Yoga Instructor(female)	Dr.Rupali Sirsavakar	yes
3)	Supporting staff	Vaishali Dandwate	yes

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