

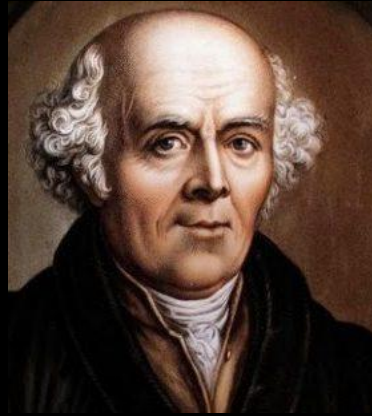
2023-24



**Dr.G.D.Pol Foundation**  
**Y.M.T.**  
**HOMOEOPATHIC**  
**MEDICAL COLLEGE,**  
**P.G. INSTITUTE**  
**& HOSPITAL**

**AUDE**  
**SAPERE**

## Our Inspiration



**DR. SAMUEL HAHNEMANN**  
Founder of Homoeopathy  
(1755-1843)



**DR. G.D. POL**  
Chairman



**MRS. K.G. POL**  
Secretary



**DR. (MRS.) P.P. PAGE**  
Director

## HAHNEMANNIAN OATH

I swear by Hahnemann , the great physician and all the Gods and Goddesses making them my witness , that I will fulfill according to my ability and judgement this oath till the last minute of my life.

I shall consider myself as a physician appointed to practice according to the teaching of his and to watch over the life and health of my fellow beings. May the love of my art actuate me all times.

I shall regard my teacher who has taught me this art equal to my parents. I shall never see in the patient anything but a fellow being in pain and suffering. I shall consider him sick in body , mind and spirit. I will treat him accordingly and will advise dietetic , hygienic and preventive measure for his benefit according to best of my knowledge and judgement . I will always avoid any harm or injustice to my patient . I may be granted strength , time and opportunity to fulfill my ideas.

I will always administer drug which are prepared according to the instructions laid down in Organon . I will never give any drug which can destroy life , even if asked for it nor will I suggest it to anyone . Similarly I will not give to a woman an aborting drug .

No thirst for fame , nor a passion for a great reputation will engage my mind and deceive me from my path.

I will always exert for the benefit of sick , who come to me. I will always be free from prejudices and remain away from all mischief and in particular from sexual relations with male and female, either in bond or free.

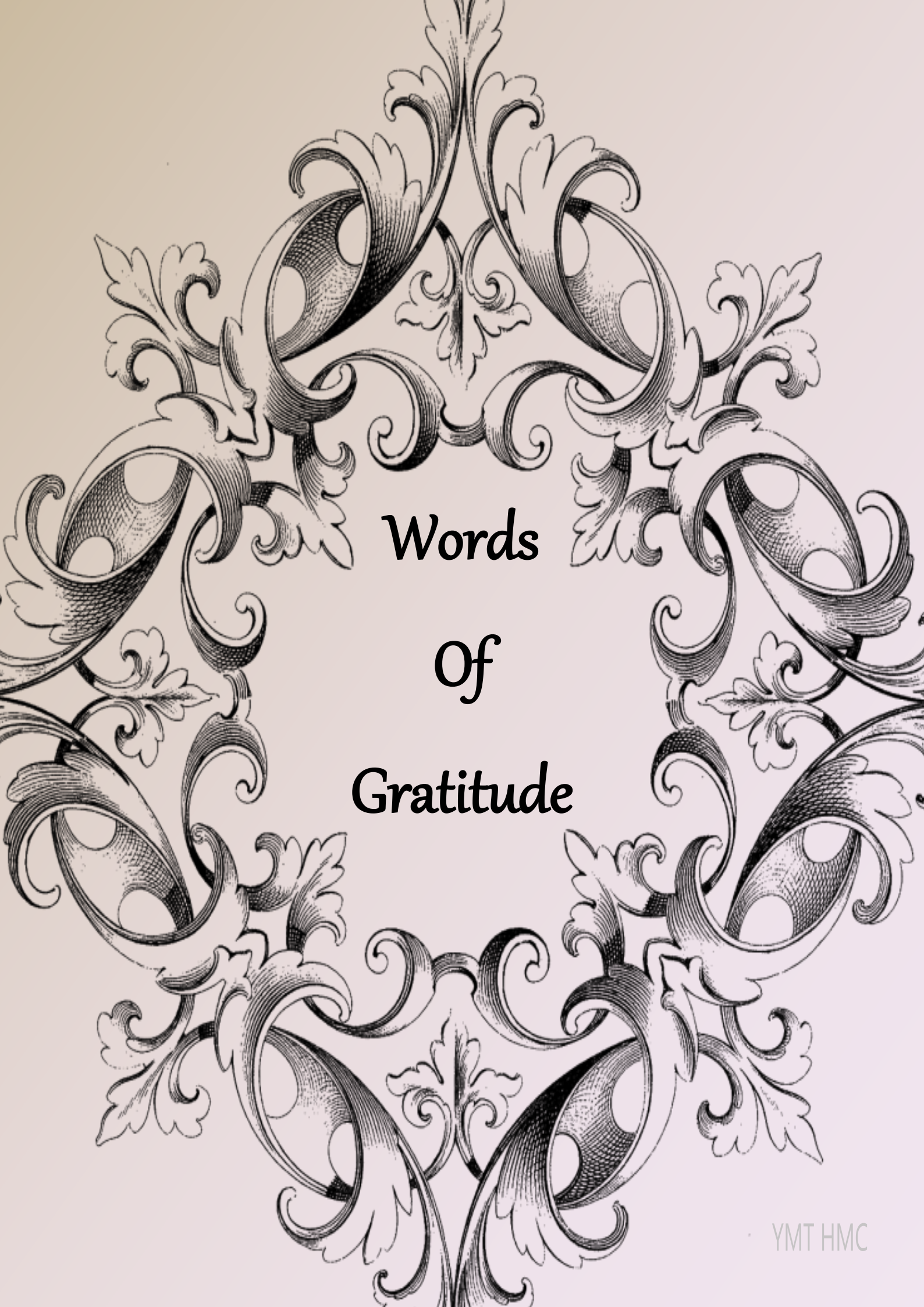
I will never disclose any of the facts that I may hear during the course of treatment or even outside the treatment to any one, on no account. In this way no evil will be done by me to anyone during his life.

I will always have an open mind. I will correct what I have acquired , if necessary and extend its domain . I will develop a spirit of indefinite limits to acquire knowledge. I will cultivate the vision , to discover my errors of yesterday , to appreciate what I have today and to get the glimpses of the new sight of tomorrow .

If I fulfill this oath and do not violate it in any respect, I may be allowed to enjoy life and the art of homoeopathy. I may be honored by my fellow beings eternally.

If disagree and swear falsely , may the opposite of this be my fate.



An intricate, black and white decorative border surrounds the text. It features symmetrical, repeating patterns of stylized acanthus leaves, scrolls, and floral motifs, reminiscent of classical or Art Nouveau design. The border is composed of fine lines and shading, creating a sense of depth and texture.

**Words  
Of  
Gratitude**





राष्ट्रीय होम्योपैथी आयोग  
National Commission for Homoeopathy

जवाहर लाल नेहरू भारतीय चिकित्सा होम्योपैथी अनुसंधान भवन  
नं. 61-65 संस्थागत क्षेत्र, जानकपुरी, नई दिल्ली-110058  
Jawahar Lal Nehru Bhartiya Chikitsa Avum Homoeopathy Anusandhan Bhawan  
No. 61-65 Institutional Area, Janakpuri, New Delhi-110058  
E-mail: chair.nch@gmail.com; Phone: 011-28526873  
Website: www.nch.org.in

डॉ. अनिल खुराना, अध्यक्ष  
Dr. Anil Khurana, Chairperson



Message

I am delighted to learn that Y M T Homoeopathic medical college is publishing their Annual magazine "AUDE SAPERE" year 2023-2024.

The college magazine is a eloquent expression of the progress and outstanding achievements and it highlights the quality of education and extra curricular activities. I am happy to note that college is running PG courses in five subjects namely Paediatrics, Homoeopathic Materia Medica, Repertory, Homoeopathic Philosophy, Practice of medicine and hope that PG students must have been given dedicated pages in the magazine to report findings of their dissertations so that it reaches out to fellow colleagues and to alumni who might be having an access to the magazine.

I heartily congratulate to all staff and students involved in bringing out the magazine, May all students bring glory about their profession with their wings of education and contributions to patient care. I am sure that this college will turn out as centre of excellence with outstanding academic and research innovations from budding Homoeopaths.

Keep going good and achieve success for the intended aims.

Best Wishes

Dr. Anil Khurana

28/3/24  
175/24  
Signature: [Handwritten Signature]  
Date: [Handwritten Date]  
Name: [Handwritten Name]  
Designation: [Handwritten Designation]  
Address: [Handwritten Address]

आज़ादी का  
अमृत महोत्सव



होम्योपैथी शिक्षा बोर्ड  
Homoeopathy Education Board  
राष्ट्रीय होम्योपैथी आयोग  
National Commission for Homoeopathy

जवाहर लाल नेहरू भारतीय चिकित्सा होम्योपैथी अनुसंधान भवन  
नं. 61-65 संस्थागत क्षेत्र, जानकपुरी, नई दिल्ली-110058  
Jawahar Lal Nehru Bhartiya Chikitsa Avum Homoeopathy Anusandhan Bhawan  
No. 61-65 Institutional Area, Janakpuri, New Delhi-110058  
E-mail: heb.nch@gmail.com; Phone: 011-28522906  
Website: www.nch.org.in

डॉ. तारकेश्वर जैन, अध्यक्ष  
Dr. Tarkeshwar Jain, President

F. No. 3-96/2022/NCH/HEB/Message/ 82

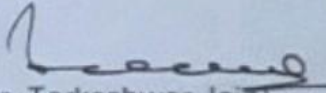
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MESSAGE

It is pleasure to convey my best wishes to Dr. G.D POL FOUNDATION'S Y.M.T HOMOEOPATHIC MEDICAL COLLEGE for releasing annual college magazine named 'Aude Sapere' 2023-2024.

'Aude Sapere' 2023-2024 is perfect blend of literary articles and achievements by the students and staff. This initiative brings the students and teachers of various disciplines on a common platform to share and display their ideas and vision.

May there are more future endeavors on the way to success in future. My best wishes for all the positive efforts.

  
(Dr. Tarkeshwar Jain) 4/4/24  
President, Homoeopathy Education Board







महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक  
MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK

Dindori Road, Mhasrul, Nashik-422004  
Tel: (0253) 2539115/6659115 Student Helpline: 0253-2539111/6659111/100  
Website: www.muhs.ac.in, E-mail: provc@muhs.ac.in



प्रा. डॉ. मिलिंद भा. निकुंभ  
प्रति-कुलगुरु

Prof. Dr Milind B. Nikumbh  
Pro-Vice-Chancellor

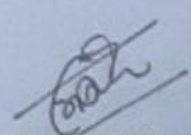
**MESSAGE**

I am very glad to know that, Dr G. D. Pol Foundation's Y.M.T. Homoeopathic Medical College, Navi Mumbai is publishing the Annual College magazine "Aude Sapere" Year 2023-2024.

I hope the magazine would not only provide an appropriate platform to the students to exhibit their creative ideas and literary skills, but also highlight the activities of college.

I hope that the Magazine will reflect the progress and achievements made by the students and faculty members. I wish the organizers, teachers and students of the College all success in their endeavors and best wishes for successful publication of the magazine "Aude Sapere" Year 2023-2024.



  
Prof Dr. Milind Nikumbh  
Pro-Vice-Chancellor

1-4-24 Inward No. YHMC/UB/24/1  
Clerk: [Signature] Inward Clerk: [Signature]  
A.O./O.S.  
Dr. G. D. Pol Foundation's, Y.M.T.  
Homoeopathic Medical College - Hospital  
U. G. Institutional Area, Sec-4, Kharadi





महाराष्ट्र आरोग्य विज्ञान विद्यापीठ, नाशिक  
MAHARASHTRA UNIVERSITY OF HEALTH SCIENCES, NASHIK  
म्हसरुळ, दिंडोरी रोड, नाशिक - ४२२ ००४  
Phone: 0253-2519175 / 176 E-mail - pe@muhs.ac.in, muhs.pro@gmail.com / Web: www.muhs.ac.in



डॉ. राजेंद्र शिवाजी बंगाल

एम.बी.बी.एस, एम.डी. (न्यायवैद्यकशास्त्र), डी.एन.बी, एल.एल.बी.

कुलसचिव

मआविधि/पीआर/५८३/२०२४

Dr. Rajendra Shivaji Bangal

M.B.B.S, M.D.(Forensic Medicine), D.N.B, L.L.B.

Registrar

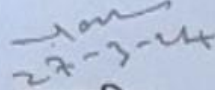
दि.२४ मार्च २०२४

– शुभेच्छा संदेश –

डॉ. जी. डी. पोळ फाऊन्डेशन वाय. एम. टी होमिओपॅथिक मेडिकल कॉलेज, खारघर, नवी मुंबई यांचे *Aude Sapere* वार्षिक अंकाच्या प्रकाशनानिमित्त विद्यापीठ परिवाराकडून हार्दिक शुभेच्छा.

आपले महाविद्यालय शैक्षणिक कार्याबरोबर समाजाशी नाळ जुळवून ठेवत आरोग्य शिक्षण व सामाजिक सजगता निर्माण करण्याचे सकारात्मक कार्य नेहमीच करत आहे. आपल्या महाविद्यालयतर्फे प्रकाशित करण्यात येणारा *Aude Sapere* वार्षिक अंक आरोग्य क्षेत्रातील व्यक्ती, डॉक्टर, अभ्यासक व विद्यार्थी यांना मार्गदर्शक ठरणारा आहे.

आपल्या प्रेरणादायी कार्याचा आलेख सदैव उंचावत राहो ही अपेक्षा. आरोग्य विज्ञान विद्यापीठातर्फे *Aude Sapere* वर्षे २०२३-२०२४ सर्व समिती सदस्यांना शुभेच्छा. तसेच भावी उपक्रमासाठी पुनःश्च मनःपूर्वक शुभेच्छा. महाविद्यालयास मनःपूर्वक शुभेच्छा.

  
कुलसचिव

प्रति – मा. प्राचार्य

डॉ. जी.डी.पोळ फाऊन्डेशन वाय.एम.टी.  
होमिओपॅथिक मेडिकल कॉलेज  
इन्स्टिटयुशनल एरिया, सेक्टर ४, खारघर  
नवी मुंबई – ४१० २१०

**FROM THE CHAIRMAN'S DESK**  
**&**  
**FROM THE SECRETARY'S DESK**



We congratulate the endeavor taken by Dr. G. D. Pol Foundation YMT HMC to release their Annual Magazine **Aude Sapere**. This magazine is the sincere attempt undertaken to encourage writing skills and other creativity of the students. It is worth mentioning that the Homoeopathy Institute which is the pioneer institute of Dr. G. D. Pol Foundation Institutes is making immense efforts to enhance its alcove. It is full of gratification to see students passing out from this institute and surpassing in various clinical and academic fields. We cherish the persistent efforts taken by the Director, Principal & Vice-Principals and faculty members in contributing their best and striving hard in sustaining higher standard of education and in achieving greater heights, towards the progress of humanity.

Wishing great triumph to **Aude Sapere** and everyone of YMT HMC in propagating and scaling Homoeopathy to large heights.

**DR. GAJANAN POL**  
Chairman

**MRS. KALPANA POL**  
Secretary



## FROM DIRECTOR'S DESK



It is a matter of great pride to present to you our Annual Magazine “**Aude Sapere**” 2023-2024. Annual magazine will give you interesting glimpses of activities & achievements of our staff and students. It will also showcase the creativity & hidden talent of our students. This magazine is the result of the contributions made by staff and students along with immense efforts made by the editorial board.

My students continue to excel in several inter-collegiate academic and extra-curricular events. Our institute bestows quality education, motivates and empowers the students as trained learners, analytical thinkers and productive members of this ever changing global society.

With the active co-operation and motivation from our Chairman Dr.G.D.Pol Sir, Management, devoted and dedicated teaching and non-teaching staff, we all together constantly flourish, evolving the personality and competitive spirit of our students.

Wishing my students and faculty members good luck in achieving new summit of progress and prosperity.

**DR. (MRS.) P. P. PAGE**

**Director**

## FROM PRINCIPAL'S DESK



It is a great pleasure to present you our Annual magazine “**Aude Sapere**”

Our institute is one of the highly esteemed and very well reputed institute in India. We, at our institute believe in all round personality development of students wherein our faculty plays important role in shaping their future. We believe in strict discipline in our curriculum. We motivate students to stay focused and involve in lot of clinical activities. Academically our students are very strong and achieve gold medals at University level.

The magazine reflects on recent achievements of the college depicting collective efforts of students and staff.

Being Vice President of student Council for last 21 years, I have seen students excelling in extracurricular activities and sports. Our students has won silver medal at Asian Games. This helps students build confidence in themselves and increases their interactive capacities which inturn help them to become good homoeopathic physicians.

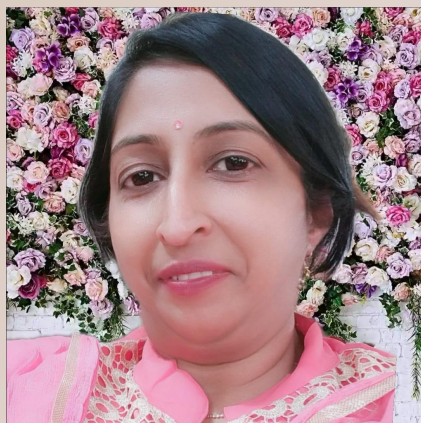


With global trend nowadays, our students excel at international level also. They get opportunities in fields like public health, pharmaceutical science, etc in countries like UK, USA, Australia, etc. Our students also excel in government services by achieving excellence in public service commission exams. We are proud to mention, they become top ranking IPS and IAS officers.

We, at our institute believe in good clinical training of our undergraduate, post- graduate and PhD students by motivating them for attending medical camps and OPD's which in turns lead them to become a good homoeopathic physician and will benefit the society. With the blessing and motivation from our Chairman Dr. G. D. Pol Sir, Director Dr. P.P Page Ma'am and co-operation of teaching and non-teaching staff. I am sure that we will reach to indefinite heights.

**DR. S. P. DANDGE**  
**Principal**

## VICE PRESIDENT'S MESSAGE



It gives me immense happiness in penning down the Vice-President's message for the E-magazine of our institute- "**AUDE SAPERE**". It is matter of great appreciation towards the eco-friendly approach adapted by our Institute in continuing with the E-magazine mode rather than the print magazine.

The Student's Council started the wonderful journey of organizing various events. It began with the Fresher's and Graduation day followed by Cultural and Sports activities which was organized for the students, a break from their hectic schedule. In the near future, Council shall be further organizing many more activities for the students.

I express my gratitude to our respected Chairman Dr.G.D.Pol Sir for his guidance and support. I am thankful to our Director Dr.P.P.Page Ma'am for always encouraging me. Heartful thanks to our Principal Dr. S.P. Dandge Ma'am for her immense motivation and Vice-Principal Dr.D.G.Bagal Sir for his constant inspiration.

Special thanks to all the students and the Student's Council for their active co-operation and enthusiasm.

Wishing grand success to the magazine.

**DR.VARSHA SHARMA**  
Vice -President



## CULTURAL SECRETARY' MESSAGE



Cultural activities become a means of self expression & can lead a sense of beauty and aesthetic , a sense of fulfillment , feeling of achievement. Cultural activities open up myriad of oppurtunities for students & plays a significant role in strengthening the multifaceted personality of students.

Keeping in mind the overall development of the students YMT Homoeopathic Medical College's Cultural Committee celebrates the cultural activities by organising various cultural events through which students participates & develop confidence , self expression and stage presence. They refine their communication skills, presentation abilities & learn how to work in teams.

These events provide a platform for students to showcase their talents , discover new passions & build a strong foundation for personal growth & self discovery.

It gives us immense pleasure & great pride to report the achievements of our students council 2023.

The year started with rocking freshers & farewell party i.e. TARANG .

A step ahead augmented with farewell i.e. convocation ceremony for the outgoing doctors. This was followed by a National workshop for the PG's 'HORIZON'. Then came a sizzling & dazzling cultural week TARANG. Many events were organized. Dr. Hahnemann Day was celebrated on 10<sup>th</sup> April 2023 with a camp and PG's Post making competition, Case presentation competition & prize distribution. Many events were organized in cultural week & carried out successfully. We had many inter-collegiate competition organized in academic, cultural & sports field & we are glad to announce that we had many winners from our college.

We are now planning our Annual Day functions on Vishnu Das Bhawe Natyagruha, Vashi hoping to see it happen with great success.

We extend our thanks to our Chairman Dr. G.D.Pol Sir, Director Dr.P.P. Page Ma'am, Principal Dr. S.P. Dandge Ma'am, Vice Principal Dr. D.G.Bagal Sir, Vice President Dr. Varsha Sharma Ma'am & last but not the least to our Dynamic Council for the constant support and help.

**DR. SAMEER POL**  
Cultural Executive

**DR. ARCHANA MESHRAM**  
Cultural Executive

**MS. TANAYA DINDE**  
Cultural Secretary

**MS. KHUSHI GUPTA**  
Cultural Secretary



## SPORTS SECRETARY'S MESSAGE



We the Sports Secretaries of Dynamis Council 2023-24 present the sport report for Annual Magazine AUDE SAPERE.

We conduct a sports for 4 days named '**THE ARENA**' in which many indoor and outdoor games are included. We conduct indoor games like Carrom , Chess , Table Tennis , Badminton .

In outdoor games we conduct Cricket , Dodge Ball , Volley Ball , Kho-Kho , 100 meter relay race. The Badminton conduct in Shuttle Star Badminton Academy in Little world Mall Badminton Court.

The students participates actively and have a great time. The students , faculty and alumni came together a lively atmosphere of support . The college's sports event was a vibrant and energetic celebration of athletic talent and spirit. Throughout the event, sportsmanship and enthusiasm were on full display.

The sport event also included Tug-Of-War for encouraging participation from students of all skill levels.

Overall the sports event was a resounding success , reinforcing the college's dedication to promoting wellness, teamwork and College pride.

We thank to our Chairman Dr. G. D. Pol sir, Director Dr.P.P. Page Ma'am , Principal Dr. S.P. Dandge Ma'am , Vice Principal Dr. D.G.Bagal sir , Vice President Dr. Varsha Sharma Ma'am & all teaching staff & students for supporting throughout who are helping us making the event a grand success.

**DR. JAYESH SANGHAVI**  
Sports Executive

**DR. YOGESH MANDLE**  
Sports Executive

**MS. SHABENAAZ ANSARI**  
Sports Secretary

**MR. RAHUL PAWAR**  
Sports Secretary



## FROM CHIEF EDITOR'S DESK



We are very glad to present you our Annual Magazine "AUDE SAPERE " 2023-2024. Genuine efforts have been made by teaching staff and students by writing articles, poems and other creative work for this magazine.

We are filled with immense pride and gratitude. This annual publication represents not only the culmination of our team's hard work but also the valuable support given by everybody.

The magazine incorporates insightful articles, wonderful poems and amazing art work with diverse perspective. Our goal is to inform, inspire and

engage the reader. We hope that each page will offer something meaningful and thoughtful.

We wish to extend our deepest gratitude to the Chairman Dr.G.D.Pol Sir, Director Dr.P.P.Page Ma'am, Principal Dr. S.P. Dandge Ma'am, Vice- Principal and Ex MUHS Dean Dr.D.G.Bagal Sir, Teaching Staff and Students for their continuous support and best wishes.

**DR. SWATI KULKARNI**  
Chief Editor

**MR. AKASH THORAT**  
Magazine Secretary



## GENERAL SECRETARY'S MESSAGE



I am deeply honored to be in this position to pen down my thoughts for the General Secretary's Message. If I hadn't believed in myself or in the faith my teachers had in me I wouldn't be the GS today and wouldn't have been able to learn the valuable life lessons I learned in this journey which I'm assertive reading no textbook would provide to me.

*"Believe in yourself! Have faith in your abilities! Without a humble but resonable confidence in your own powers you cannot be successful or happy"*

Y.M.T HMC is a place where academics meets extracurricular activities. Our teachers always motivate , encourage and support students not only academically but also in extracurricular activities.

There are a bazillion opportunities which are created and given for students to make the best use of , if only they recognize it and are courageous enough to put themselves out there. There are only 2 things that will happen ; either you win or you will learn a very valuable lesson.

This is my message to all the students of my college to not limit themselves to Academics alone but to also explore their abilities and talents and grow into a better person.

20 years from now, you will be more disappointed by the things you didn't do than by the ones you did. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sail.

*Explore. Dream. Discover*

Lastly, I extend my gratitude to the Executives of Students Council & all my teachers, my all time supporter- My best friend Ashutosh , My classmates, Friends of Council , My fellow Students Council Members , Our Mama's & Maushi's and not forgetting my dearest Mom & Dad for bestowing me with all their love and support and standing behind and besides me as my backbone. They all have played a vital role in making all the events possible. I am nothing without all the above mentioned people.

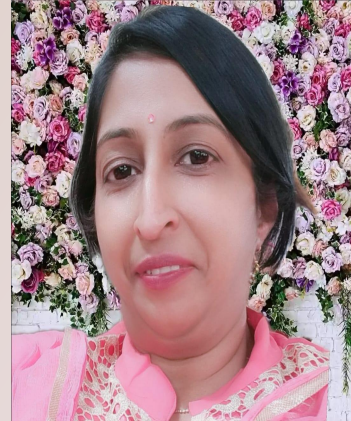
I hope that Dynamis Students Council 2023-2024 has served you all well. Thank you for all your love & support.

**MS. JESSICA VAZ**  
**General Secretary**



## Dynamis Student's Council

**Vice President:-**



**DR. VARSHA SHARMA**

**Cultural Excecutives :-**



**DR. SAMEER POL**



**DR. ARCHANA MESHAM**

**Sports Excecutives:-**



**DR. JAYESH SANGHAVI**



**DR. YOGESH MANDLE**

## **Magazine Excecutives:-**



**DR. SWATI KULKARNI**

## **NSS Program Officer:-**



**DR. PRAVEEN YAMGAR**

## **General Secretary :-**



**MS. JESSICA VAZ**

## **Cultural Secretary :-**



**MS. TANAYA DINDE**



**MS. KHUSHI GUPTA**

## **Academic Secretary:-**



**MS. RUCHIKA KADUSKAR**



## **Sports Secretary :-**



**MS. SHABENAAZ ANSARI**



**MR. RAHUL PAWAR**

## **Magazine Secretary:-**



**MR. AKASH THORAT**

## **Excursion Secretary:-**



**MS. MANASI RANE**

**Treasurer:-**



**MR. GORAKSH PAWAR**

**Ladies Representative :-**



**MS. SANIKA SAWANT**

**NSS Co-ordinator:-**



**MS. RUTUJA JADHAV**



*ANNUAL*

*REPORTS*



# **COLLEGE REPORT - 2023-24**

The year at a Glance

Dr.G.D.Pol Foundation YMT Homoeopathic Medical College, PG Institute & Hospital is nearing Completion of three decades of successful existence in the field of Homoeopathic education. The institute was established in 1989 with the Diploma Course in Homoeopathic Medicine & Surgery (DHMS) which was recognized by Govt. Of Maharashtra. Later in 1996, the College was upgraded to the Degree Course - Bachelor Of Homoeopathic Medicine & Surgery (B.H.M.S.) . The intake capacity for BHMS course is 100. The institute further continued to upgrade itself by commencing Post Graduate courses in Homoeopathy from the academic year 2002-2003. Initially , MD (Hom.) was offered in the subjects of Homoeopathic Materia Medica , Organon & Repertory is 6 students each while , in Medicine & Pediatrics it is 3 students each. Phd. Courses also commenced in the subjects of Homoeopathic Materia Medica , Organon of Medicine , Repertory and Medicine since 2019-20. The undergraduate & postgraduate courses are affiliated to Maharashtra University of Health Sciences , Nashik & is recognized by National Commission for Homoeopathy & the Ministry of Ayurveda , Yoga and Naturopathy , Unani , Siddha and Homoeopathy (AYUSH), Govt. Of India , New Delhi. This institute is the first Postgraduate Centre in the city of Navi Mumbai & Mumbai.

Our college YMT HMC functions in a five storied building comprising of all under graduate and post graduate departments , lecture theaters , library , gymkhana , administrative office , seminar hall, OPD , Hospital , canteen , etc. The hostel is located in the same premises. Dr. G. D. Pol Foundation YMT HMC provides all the facilities to its students . It is situated in the beautiful & serene environment of Kharghar , Navi Mumbai.

Our college has been a torch bearer in establishing high standards of discipline , work , culture & educational aspiration. Every year there are a large number of students passing from this college and rendering health services throughout India. Through our constant efforts we hope to give the world trained Homoeopathic practitioners. Our students excel in various extracurricular & academic activities. They continue to score various positions in numerous inter collegiate events & in various competitive exams conducted by several institutes.

## **SALIENT FEATURES**

- Imparts quality education to under graduate and post-graduate students,
- Regular seminars and workshops conducted by well-known homoeopaths & modern medicine physicians,
- Highly qualified, experienced & post graduate faculty.
- Fully functional central OPD catering to a multitude of patients.
- 50 Bedded well equipped hospital with OT , Radiology , Physiotherapy , Yoga & Pathology facilities.
- Regular medical camps are conducted in and around the vicinity of Kharghar.
- Huge campus with lush medical botanical garden.

## **TEACHING FACULTY**

Teaching faculty of our institute comprises of highly qualified , dedicated & experienced full time MUHS approved staff. Our entire teaching faculty is MD

qualified. The college & Hospital is supported with adequate teaching , non-teaching & hospital staff.

## **DEPARTMENTS**

Every preclinical & clinical department is well equipped , spacious with proper ventilation , adequately illuminated with illustrative charts , instruments, models , specimens, departmental library, computer, LAN facility , intercom, etc. Regular symposiums, interdepartmental seminars and tutorials are held for the students. The pG departments further supports seminar room.

## **LIBRARY**

There are more than 12948 books on Homoeopathy and allied subjects and subscription for 43 Indian & foreign medical journals which helps in acquiring and updating the knowledge of the students regarding the recent development in the field of medicine. Adjacent to the library , there are huge , well illuminated reading rooms separate for staff , UG & PG students.

## **GYMKHANA**

Gymkhana is well equipped with sports aids for table tennis, carrom, chess, badminton, cricket, etc. Our students have won laurels by winning several prizes at various inter collegiate events at university levels too.



## HOSTEL & CANTEEN

The hostel is situated within the campus , comprising of a building, with separate arrangements made for both boys and girls. Adequate facilities and sufficient security is provided in the hostel. The canteen serves delicious & hygienic food.

## RESULTS

Our students continue to make us proud by achieving university ranks and scoring higher percentage in the university exams.

Below mentioned figures reflect the passing percentage of our students in the exams conducted by MUHS , Nashik in 2023.

<u>COURSE</u>		<u>PASSING PERCENTAGE</u>	
		<b>SUMMER 2023</b>	<b>WINTER 2023</b>
I BHMS	2015	-	75 %
II BHMS	2015	45.83 %	83.48 %
	New	-	100 %

III BHMS	2015	71.42 %	94.56 %
	New	33.33 %	50 %
IV BHMS	2015	80.95 %	91.37 %
	New	25 %	-
		2023	
PG PART I		100 %	100 %
PG PART II		-	-

## HOSPITAL

Our institute has a well equipped 50 bedded hospital with specialized Medicine , Surgery, Gynaecology & Pediatric wards along with a well maintained OT. Availability of Pathology , X ray , Sonography & Physiotherapy facilities exist. Highly experienced and qualified practitioners and specialists attend the hospital and render their valuable services to the needy patients . This hospital provides medical treatment and facilities at reasonable rates.

## OUT PATIENT DEPARTMENTS

Clinical exposure is provided to our students & interns through central OPD at kharghar and Navi Mumbai Municipal Corporation Hospital Homoeopathic OPD, Vashi. Large number of patients visiting these OPDs is treated by our highly efficient and dedicated staff.

## **CAMPS**

To spread awareness regarding homoeopathy and to treat the ailing mankind, regular homoeopathic camps are organized every month at our OPD and in the vicinity of kharghar. Free homoeopathic treatment and consultation along with investigations at concessional rates are offered in these camps. Qualified and well experienced doctors attend these camps . Homoeopathic camp chain was organized in between 14-10-2023 to 27-01-2024. Total 8 camps are organized at YMTHMC OPD, Sec-4 , Kharghar. Our PGs & interns actively participate in the annual camps namely Kharghar cha raja mandir camp ; Camp at Alibaug Jail premises ; Pandharpur camp etc.

## **SEMINARS**

To further widen homoeopathic knowledge of our students towards clinical practice , regular webinars , seminars twice a week , workshops , case presentation , journal club, book reviews, case discussions sessions are conducted. Students are also given the exposure of attending webinars.

## **NSS**

Various activities are undertaken by the NSS unit. NSS volunteers along with the staff conducted residential camp at CHANJE Village from 17<sup>th</sup> feb 2024 to 23<sup>rd</sup> feb 2024 where homoeopathic consultation and medicines were given free of cost to ailing villagers. Few of the NSS events in which the volunteers actively participated were AIDS rally , MUHS foundation day , Blood donation camp, Tree plantation , Homoeopathic camps, etc.

## **CAMPUS PLACEMENT**

Various companies conducted campus placement sessions at our institute for interns and postgraduates.



## **CONVOCATION & FRESHER'S DAY**

UG Convocation Day & Fresher's Day for new admission students was organized on 7<sup>th</sup> March 2024 . Where we welcomed our budding physicians and bid adieu to the outgoing batch.

## **STUDENT ACHIEVEMENTS**

- ✧ Mr. Swarup Ganapati Kadam (Intern) participated in a short term research program for undergraduate students under the mentorship of Asst. Professor in the department of Medicine - Dr. Vinita Joshi Ma'am. Under the mentorship of ma'am he did research on the topic "Action of Sanguinaria Canadensis in an acute episode of migraine." This research underwent 2 trials of synopsis and dissertation after which result was declared in 3 months of participation that is in March 2022. The final dissertation result was declared after 9 months of research which was in December 2023.
- ✧ Ms. Priyal Yogesh Patel (4<sup>th</sup> year) and Mr. Chintamani Yashwant Mendadkar (4<sup>th</sup> Year) had the opportunity to participate in summer internship program organized by MUHS at various hospital for the period from 17-06-2023 to 02-07-2023.
- ✧ Mr. Rahul Balaji Pawar (4<sup>th</sup> Year) represented in All India Interuniversity A.I.U games cricket from TEAM MUHS in consecutive 2 years 2022-23 & in 2023-24 as captain of TEAM MUHS.

## NSS UNIT

### YEARLY REPORT APRIL 2023 TO MARCH 2024

STRENGTH OF THE UNIT:- APRIL 2023 TO MARCH 2024-100

NAME OF PROG. OFFICER- DR. PRAVEEN YAMGAR

ASST.PROG. OFFICER- DR. YASHSHREE PATIL

STUDENT CO-ORDINATOR- VIVEK INGLE  
- RUTUJA JADHAV

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The unit has been working actively in the field of giving back to the society in ways possible.

Regularly activities throughout the year are planned by the NSS unit with list and also the residential camp is integral part of the activity carried by the unit.

The college has adopted 5 villages and the unit is working efficiently in upgrading their health status. Various awareness programs are also carried in the village.

The NSS unit is also active through its online portal i.e. on Instagram: ymthmc\_nss.

## **LIST OF ACTIVITIS**

- 5 April 2023 – Anti vaping awareness lecture for students by Dr. Hakimji
- 8 April 2023 – Organ donation awareness rally from YMT HMC to Belpada Village Kharghar
- 10 April 2023- Health check up camp on occasion of 268<sup>th</sup> Birth Anniversary of Dr, Hahnemann
- 19 April 2023 –Blood donation camp on the occasion of birth anniversary of Dr. Hahnemann in collaboration with Navi Mumbai Blood Centre Kharghar
- 1 May 2023- “SHRAMDAAN” on the occasion of World Labour’s Day,  
MAHARASTRA DIN 2023
- 25 May 2023- Tree plantation of “BANYAN, PEEPAL , NEEM” trees for celebrating MUHS  
“SILVER JUBLEE WEEK” 2023
- 25 May 2023 – Tree plantation on occasion of Silver Jubilee of MUHS Foundation Day 2023
- 3 June 2023- Environment Day rally on occasion of Silver Jubilee of MUHS Foundation Day  
2023
- 3 June 2023- Tree plantation on occasion of Silver Jubilee of MUHS Foundation Day 2023
- 10 June 2023- Flag hosting on occasion of MUHS Foundation Day 2023
- 14 June 2023- Blood Donation Day awareness lecture for students
- 15 June 2023- Medical Health Check up camp at Chambharli
- 15 June 2023- Yoga awareness lecture for students by Dr. Rupali
- 17 June 2023- Essay competition on Yoga
- 19 June 2023- Poster making competition theme on yoga
- 19 June 2023- Slogan competition for yoga
- 21 June 2023- Yoga demonstration for teaching and non teaching staff by Dr. Rupali
- 21 June 2023- Yoga demonstration for students by Dr. Rupali
- 1 July 2023- Doctor’s Day celebration 2023
- 11 July 2023- Reel on the occasion of “WORLD POPULATION DAY”
- 21 July 2023- Meri Mitti Mera Desh under Azaadi ka amrit mohotsav
- 21 July 2023- Panch pran pledge under azaadi ka amrit mohotsav
- 3 August 2023- Organ donation and organ transplant awareness programme
- 8 August 2023- Viro ka Vandan programme under Azaadi Ka Amrit Mohotsav



- 9 August 2023- Tree plantation under azaadi ka amrit mohtsav
- 11 August 2023- Swatantrata Sangram Mein Jan Jati Naayako Ke Yogdan Programme under Azaadi ka amrit mohtsav
- 15 August 2023- Independence day celebration 2023
- 24 August 2023- Medical health check up camp at Chambharli
- 23 September 2023- Swachhta pledge on occasion of swachhta hi seva
- 25 September 2023- Swachhta Abhiyan done in YMT HMC department, institute, classroom, corridor on occasion of swachhta hi seva
- 26 September 2023- Swachhta Abhiyan in Institute Campus Area on occasion of “Swachhta hi seva”
- 1 October 2023- Swachhta Abhiyan done at Kharghar railway station, Kharghar bus stand on occasion of Swachhta hi seva
- 1 October 2023- Celebration of Swachhta hi seva under “ EK TRAIKH EK GHANTA PROGRAMME”
- 31 October 2023- Rashriya ekta diwas 2023
- 25 November 2023- Constitution day celebration and pledge taking
- 26 November 2023- Reel on awareness on occasion of Indian Constitution day
- 1 December 2023- World AIDS Day rally
- 6 December 2023- On occasion of Dr. Babasaheb Ambedkar “Mahaparinirvan Divas”
- 3 January 2024- On occasion of Savitri Bai Phule Jayanti
- 12 January 2024- On occasion of “Rajmata Jijau Jayanti”
- 12 January 2024- Screening of Inaugural Ceremony of 27<sup>TH</sup> National Youth Festival
- 12 January 2024- On occasion of “Swami Vivekananda Jayanti”
- 26 January 2024- Republic day
- 5 February 2024- World Cancer Day rally
- 17 February 2024- NSS Residential camp at CHANJE Village
- 18 February 2024- Inauguration of Residential camp at Group Gram Panchayat CHANJE village.
- 18 February 2024- Medical health check up camp at Group gram Panchayat CHANJE village and peripheral health check up camp at Kala Dhonda
- 18 February 2024- NSS prayer at NSS residential camp at CHANJE

18 February 2024- Family health survey camp at NSS residential camp at CHANJE village

18 February 2024- Tree plantation at Group gram Panchayat CHANJE village

18 February 2024- Cleanliness drive at Dronagiri Fort

19 February 2024- Medical health check up at Group gram Panchayat CHANJE and DAUR NAGAR

19 February 2024- Family health survey at DAUR NAGAR

20 February 2024- Medical health check up at Group gram Panchayat CHANJE and MULEKHAND

20 February 2024- Family health survey at MULEKHAND

20 February 2024- School health survey- children at MULEKHAND

20 February 2024- Street Play on topic "SURAKSHA" At CHANJE village and KARANJA

21 February 2024- Medical health check up at CHANJE and Ganesh Nagar 1

21 February 2024- Family health survey at Ganesh Nagar 1

21 February 2024- Games for students at Fishery school

21 February- School health survey-children at Group Gram Panchayat CHANJE

21 February 2024- YMT Physiotherapy team comes for physiotherapy health check up at Group Gram Panchayat CHANJE

21 February 2024- Free health check up camp at Ganesh Nagar 1

22 February 2024- Free health check up camp at Group gram Panchayat CHANJE

22 February 2024- Lecture on Awareness on MENTAL HEALTH at Group gram Panchayat CHANJE

22 February 2024- YMT DENTAL team comes for the dental health check up at Group gram Panchayat CHANJE

22 February 2024- Free health check up camp at KASAWLA PADA

22 February 2024- Family health survey at KASAWLA PADA

23 February 2024- Free health check up camp at Group Gram Panchayat camp CHANJE

23 February 2024- Free health check up camp at SURKI CHA PADA

23 February 2024- Family health survey at SURKHI CHA PADA

26 February 2024- Shivjayanti celebration

26 February 2024- Marathi Rajyabhasha diwas

6 March 2024- Women's Day celebration

8 March 2024- Medical Camp & health awareness Program for Females on occasion of International Women's Day at Chambharli

9 March 2024- Medical camp & Health awareness program & survey for women on occasion of International Women's Day at Sushma Patil Vidhyalay & Junior College, Kamothe

16 March 2024- Rally on occasion of National Vaccination Day

23 March 2024- Rally on occasion of World Tuberculosis Day

27 March 2024- Rally on occasion of World Water Day



**WINNERS :**

**AIDS DAY POSTER MAKING COMPETITION (2022)**

1<sup>st</sup> Rank :- Ms. Mulla Binash Nisar

2<sup>nd</sup> Rank :- Ms. Namrata Laxman Mohangekar

3<sup>rd</sup> Rank :- Ms. Nima Jayram Yadav  
Ms. Soni Rajesh Walia  
Ms. Shaheen Mohammed Yusuf Shah  
Ms. Iffat Kamran Ali Shaikh  
Ms. Amisha Sheshram Pawar

**AIDS DAY POSTER MAKING COMPETITION (2023)**

1<sup>ST</sup> Rank :- Ms. Ankita Pramod Dubey

2<sup>nd</sup> Rank :- Ms. Shifa Shaikh

**CANCER DAY POSTER MAKING COMPETITION**

1<sup>ST</sup> Rank :- Jignasha Umesh Rawal

**POSTER MAKING ON AWARENESS OF VOTING**

1<sup>ST</sup> Rank :-Jignasha Umesh Rawal

2<sup>nd</sup> Rank:- Naseem Iqbal Shaikh

**SLOGAN COMPETITION ON AWARENESS OF VOTING**

1<sup>ST</sup> Rank:- Jessica Elias Vaz

2<sup>nd</sup> Rank:- Sanjana Bansode

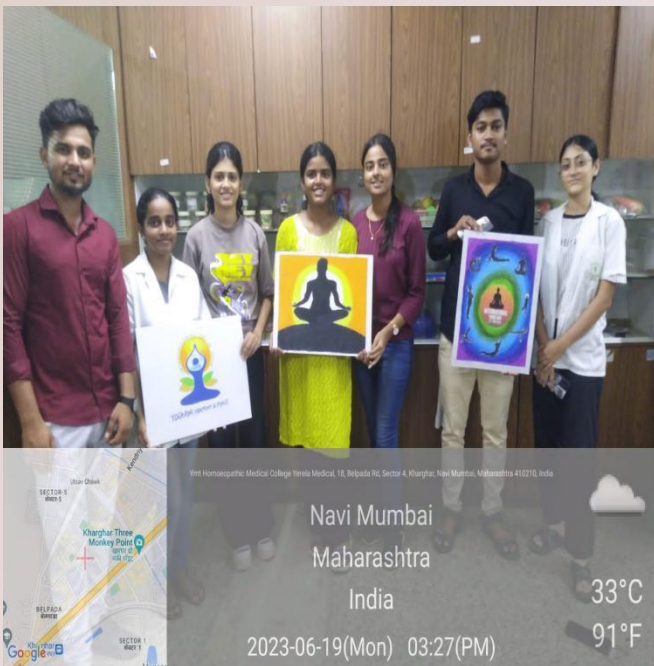
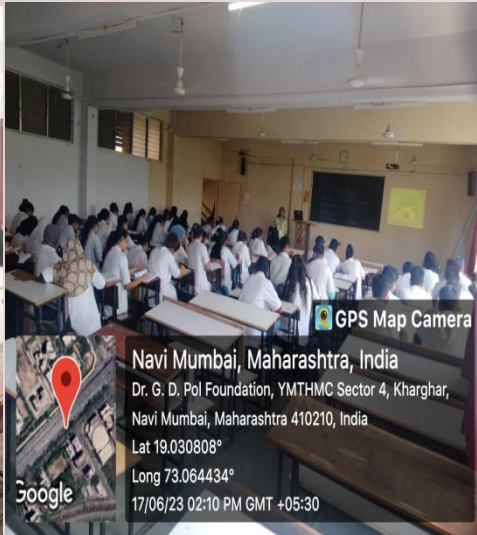
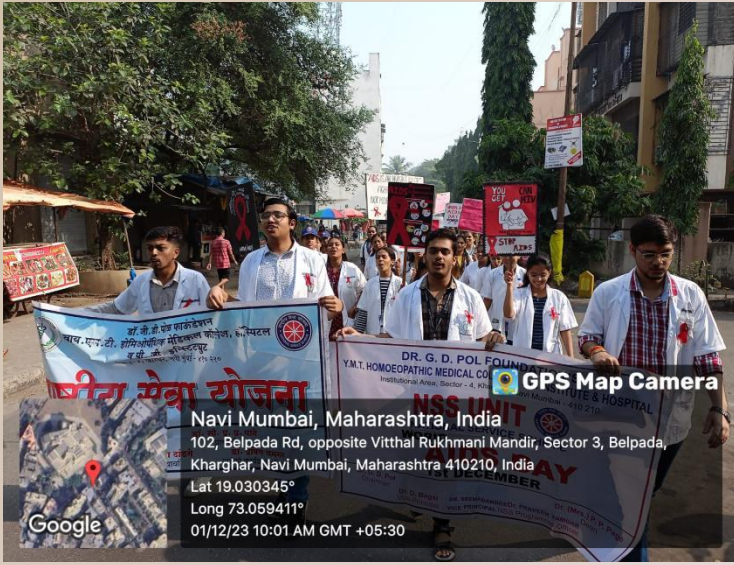
**ORGAN DONATION DAY POSTER MAKING COMPETITION**

1<sup>st</sup> Rank :- Ashutosh Vanita Dange

**DR. PRAVEEN YAMGAR**  
**NSS Prog. Officer**

**Dr. S.P.Dandge**  
**Principal**

# Various activities undertaken by the NSS Team







CHAMBHARLI VILAAGE RAIGAD  
Navi Mumbai  
Maharashtra  
India

Decimal	DMS
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Longitude 0.0	0°0'0" E

2023-03-15(Wed) 10:54(am)



CHAMBHARLI VILAAGE RAIGAD  
Navi Mumbai  
Maharashtra  
India

Decimal	DMS
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Longitude 0.0	0°0'0" E

2023-08-24(Thu) 11:15(am)



YMT Homoeopathic Medical  
Navi Mumbai  
Maharashtra  
India

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Longitude 0.0	0°0'0" E



Navi Mumbai, Maharashtra, India  
Block-Y M T College Of Physiotherapy, Sector 4, Kharghar, Navi Mumbai,  
Maharashtra 410210, India  
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Long 73.062239°  
06/12/23 12:01 PM GMT +05:30



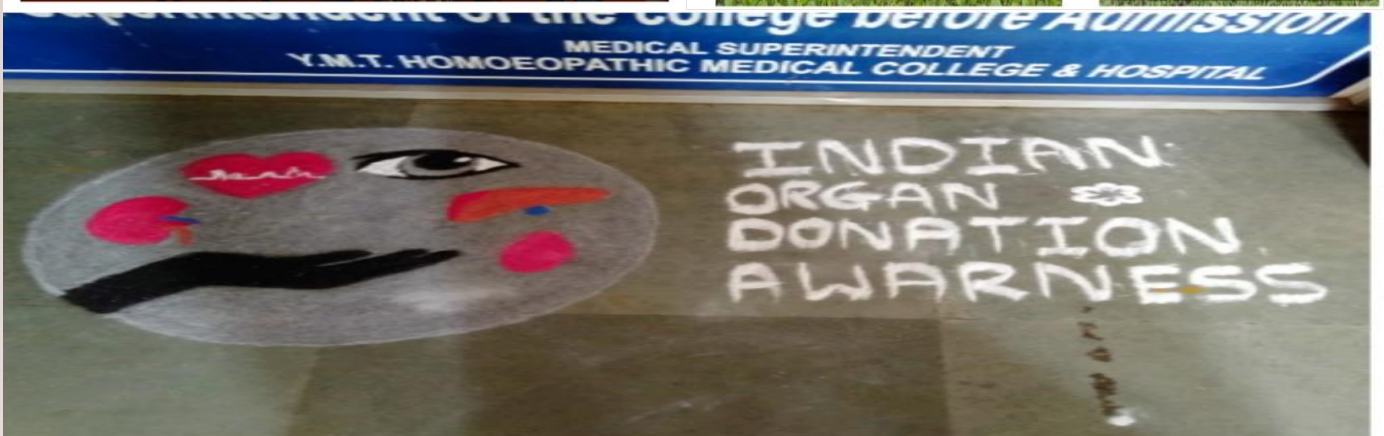
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410210, India  
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Long 73.061921°  
08/08/23 10:17 AM GMT +05:30



Navi Mumbai, Maharashtra, India  
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Mumbai, Maharashtra 400702, India  
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Navi Mumbai, Maharashtra, India  
G82C+H24, G82C+H24, Sector 4, Kharghar, Navi Mumbai, Maharashtra  
410210, India  
Lat: 19.031211°  
Long 73.062239°  
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Navi Mumbai  
Maharashtra  
India  
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Navi Mumbai  
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India  
30°C

**राष्ट्रीय सेवा योजना**  
DR. G. D. POL FOUNDATION  
Y. M. T. HOMEOPATHIC MEDICAL COLLEGE & HOSPITAL

Navi Mumbai, Maharashtra, India  
23J6+HMH, Belpada Rd, Sector 4, Kharghar, Navi Mumbai, Maharashtra  
410210, India  
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Long 73.06159°  
15/08/23 09:05 AM GMT +05:30

**NSS UNIT NATIONAL SERVICE SCHEME**

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## CAMP REPORT

### DR.G.D.POL FOUNDATION

### YMT HOMOEOPATHIC MEDICAL COLLEGE , P.G.INSTITUE KHARGHAR

Dr. G.D.Pol foundation YMT Homoeopathic Medical college regularly organizes free homoeopathic medical camps with the aim of benefiting the needy . Camps are regularly organized in and around the vicinity of Kharghar . These camps not only provide medical facilities to the patients but also guide them to preserve health & prevent diseases. These camps have received good appreciation and response from all sectors physicians , interns & post graduate students regularly attend these camps.

We have done multiple activities , reports of these activities are given below. As well as year in 2023 we have organized different camps at concessional rates and many patient get benefit from this medical camps are organized at our Central Out Patient Department at Kharghar. During these camps , additional benefits offered to the patients in the form of offering certain investigations at free of cost or at concessional rates. These camps have received good response from the locals. Homoeopathic line of treatment is used in almost all of their sufferings through these camps , the PG students & Interns get broad exposure and get an opportunity to learn and develop their knowledge and skills as homoeopaths members of camp team.

Briefing details of a few camps conducted from January 2023 to June 2024 aare as follows :

1. Homoeopathic camp was conducted on 24-03-2023 around 53 patients received appropriate homoeopathic treatment at Morbi Gaon , Sec-19 , Kharghar.
2. Health care camp was conducted on 10-04-2023 at Shree Swami Samarth Seva Kendra , Kamothe around 60 patients received appropriate treatment.
3. Homoeopathic camp was conducted on 19-05-2023 at A.C.Patil College Of Engineering , Kharghar , Sec-4 and on 10-07-2023 at Vitthal Mandir ,Sec-3, Kharghar around 43 and 23 patients respectively received appropriate treatment.
4. Homoeopathic camp was conducted on 10-07-2023 at CKT College , Khanda Colony , Panvel.
5. Homoeopathic camp chain was organized in between 14-10-2023 to 27-01-2024. Total 8 camps are organized at YMTHMC OPD, Sec-4 , Kharghar.
6. Health care camp was conducted on 08-03-2024 at Group Gram Panchyat Chambharli Village , Khalapur , Raigad around 11 patients received appropriate treatment.

7. Health care camp was conducted on 09-03-2024 at Sushma Patil Vidhaylay & Junior College , Kamothe around 107 patients received appropriate treatment.
8. Homoeopathic camp was conducted on 14-04-2024 at Gurudwara Sec -22 , Kharghar & on 07-05-2024 at Hanuman Mandir , Katkarwadi , Vadap around 52 and 46 patients respectively received appropriate homoeopathic treatment.

Apart from the above mentioned camps our staff , interns & PGs actively participate in several other camps namely Kharghar cha raja mandir camp ; Camp at Alibaug Jail premises ; Pandharpur camp etc.

### **CAMP INCHARGES**

**DR. JAYESH SANGHAVI**  
**MD (Hom)**

**DR. DHANRAJ GOPALE**  
**MD (Hom)**

**DR. SACHIN CHOKAKKAR**  
**MD (Hom)**

**DR. PRAVEEN YAMGAR**  
**MD (Hom)**

**DR. ANJALI LAMTURE**  
**MD (Hom)**



# Various Homoeopathic Medical Camps Organised



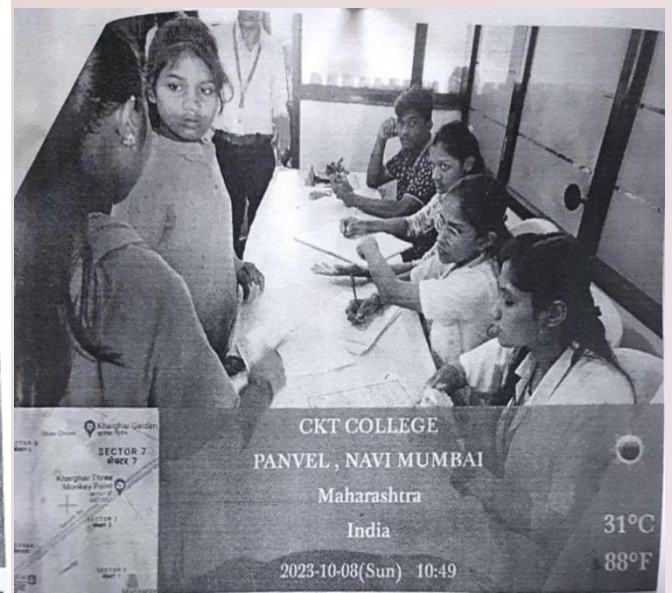
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 A- C. Patil College of Engineering College, Sector 4,  
 Kharghar, Navi Mumbai, Maharashtra 410210, India  
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Belpada Village  
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 Maharashtra  
 India  
 2023-07-10 (Mon) 11:07(am)



CKT COLLEGE  
 PANVEL, NAVI MUMBAI  
 Maharashtra  
 India  
 2023-10-08 (Sun) 10:49  
 31°C  
 88°F



Navi Mumbai, MH, India  
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Navi Mumbai, Maharashtra, India  
 Block-Y M T College Of Physiotherapy, Sector 4, Kharghar, Navi Mumbai,  
 Maharashtra 410210, India  
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## HORIZON REPORT

The 18<sup>th</sup> Annual National Homoeopathic Workshop & Seminar titled “HORIZON” was held on 10<sup>th</sup> June 2024 at the esteemed

Dr.G.D.Pol Foundation , YMTHMC Seminar Hall , Kharghar , Navi Mumbai. The event was a resounding success , bringing together practitioners , students and enthusiasts of homoeopathy from across the nation.

The day began with a warm registration process accompanied by a light breakfast , setting a welcoming tone for the participants. The registration desk was abuzz with enthusiasm as attendees collected their seminar kits. The event officially commenced with a grand welcome and inauguration ceremony. Our Director Dr.P.P.Page Ma’am , Our Principal Dr. S.P. Dandge Ma’am, Vice Principal Dr. D.G.Bagal Sir, PG Co-ordinator Dr. S.M.Bhagwat Ma’am , Our esteemed speaker Dr.Gajanan Dhanipkar Sir and the entire Teaching faculty of Y.M.T.H.M.C honoured the event by their presence.

With gratitude to our Chairman Dr.G.D.Pol Sir and all members of G.D.Pol Foundation , we began with the lighting of the lamp & seeking blessings of our Master symbolizing the dispelling of ignorance and the ushering in of knowledge.

The event began with a warm welcome by our Dean Dr.P.P.Page Ma’am congratulating and encouraging all the Doctors from various colleges for being a part of the seminar & setting up a strong foundation for the sessions to follow, encouraging participants to engage actively in the day's events.

The Principal of YMTHMC DR. S.P. Dandge Ma'am delivered an inspiring address, highlighting the importance of continuous learning and innovation in the field of homoeopathy.

Dr. S. M. Bhagwat introduced the concept of "Horizon," explaining the vision behind the seminar. She elaborated on how the horizon represents the limitless potential of homoeopathy and the importance of exploring new frontiers in research and practice.

Dr. Geeta Joshi, the General Secretary of the P.G. Council, expressed her heartfelt happiness about the much awaited "Horizon" . She shared how she and her team were eagerly looking forward to absorbing the pearls of wisdom from the distinguished speaker. Dr. Dhanipkar & emphasized the importance of such events in enriching the knowledge and skills of the homoeopathic community."

The event was gracefully anchored by Dr Aarohi Mate , who efficiently guided the proceedings, ensuring a smooth flow of events. She had the honor of introducing our distinguished speaker, doing so with great insight and respect, which set the stage perfectly for the enlightening session that followed."

The highlight of the event was a seminar conducted by an expert speaker, Dr Gajanan Dhanipkar who delved deep into the subject "Science of Kinesics integrated with Homoeopathy" providing insightful perspectives and making it interactive . The participants were highly engaged, taking notes and participating in the interactive Q&A session that followed.

A significant moment in the event was the official release of 'Aphorismi,' a publication that encapsulates the wisdom and insights of homoeopathy. The release was met with much anticipation and applause, as it represents a valuable resource for practitioners and students alike.

There were numerous Homoeopathic stalls well organised by our Marketing team under the allowed participants to network and discuss sessions in a relaxed atmosphere followed by Lunch break. The break provided an opportunity for informal interactions, which are often as enlightening as the formal sessions.

The post-lunch session featured an interactive workshop titled "Case is the Best Teacher." This hands-on workshop emphasized the importance of clinical cases in learning and applying homoeopathic principles. Participants worked through real-life cases, guided by experienced facilitators, making the session highly practical and informative.

The event concluded by Dr. Varsha Sharma followed with a vote of thanks by Dr Chintan Mehta expressing gratitude to all the speakers, participants, and organizers for their contributions. The organizers appreciated the efforts of the team that worked tirelessly behind the scenes to ensure the smooth running of the event.

The 18th Annual National Homoeopathic Workshop & Seminar "Horizon" was a remarkable event, leaving attendees with a wealth of knowledge, new



connections, and a renewed passion for homoeopathy. It was a day dedicated to expanding the horizons of homoeopathy, fostering learning, and inspiring the next generation of homoeopaths.

This report captures the essence of the event and highlights the key moments that made it a memorable experience for all involved.



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GPS Map Camera

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Google



GPS Map Camera

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Google



GPS Map Camera

Kharghar, Maharashtra, India  
Sai Rodhai Cooperative Housing Society, E17A, Sector 3, Belpada, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.029419°  
Long 73.058505°  
10/06/24 01:26 PM GMT +05:30

Google



GPS Map Camera

Navi Mumbai, Maharashtra, India  
23H5+QCP, Ganesh Nagar, Belpada, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.029419°  
Long 73.058505°  
10/06/24 01:23 PM GMT +05:30

Google



GPS Map Camera

Navi Mumbai, Maharashtra, India  
26, Balaji Aangan Rd, near NIFT, Sector 3, Belpada, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.029747°  
Long 73.060916°  
10/06/24 01:21 PM GMT +05:30

Google



GPS Map Camera

Kharghar, Maharashtra, India  
Sai Rodhai Cooperative Housing Society, E17A, Sector 3, Belpada, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.02942°  
Long 73.058507°  
10/06/24 01:29 PM GMT +05:30

Google



GPS Map Camera

Kharghar, Maharashtra, India  
Sai Rodhai Cooperative Housing Society, E17A, Sector 3, Belpada, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.029424°  
Long 73.058504°  
10/06/24 01:31 PM GMT +05:30

Google



GPS Map Camera

Kharghar, Maharashtra, India  
Sai Rodhai Cooperative Housing Society, E17A, Sector 3, Belpada, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.029424°  
Long 73.058504°  
10/06/24 01:32 PM GMT +05:30

Google



GPS Map Camera

Kharghar, Maharashtra, India  
8, Institutional Area, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.031989°  
Long 73.061936°  
10/06/24 05:08 PM GMT +05:30

Google



GPS Map Camera

Kharghar, Maharashtra, India  
8, Institutional Area, Sector 4, Kharghar, Navi Mumbai, Maharashtra 410210, India  
Lat 19.031879°  
Long 73.061929°  
10/06/24 05:10 PM GMT +05:30

Google



## HAHNEMANN DAY

The WORLD HOMOEOPATHY DAY that is the Birth Anniversary of DR SAMUEL HAHNEMANN was celebrated on 10 th April 2024 which was 269 th Birth Anniversary at the esteemed Dr.G.D.Pol Foundation, YMT HMC Seminar Hall, Kharghar, Navi Mumbai.

The event was graced by Our Director Dr.P.P.Page Ma'am, Our Principal Dr.S.P. Dandge Ma'am, Vice Principal Dr.D.G Bagal Sir, PG coordinator Dr. S.M. Bhagwat Ma'am, Vice President of Council Dr.Varsha Sharma Ma'am.The Teaching Faculty of Y.M.T.H.M.C honoured the event by their presence.We began with the lighting of the lamp and seeking blessings of Our Master by the prayer song sang by our student.

The Principal of YMTHMC Dr. S.P. Dandge Ma'am delivered an inspiring thoughts on our Homoeopathy Medical Field and motivated students for their future.

The program included various activities like Sketching Competition the topic for which was Pioneers of Homoeopathy, Quiz Competition including all the Homoeopathic subjects, Skit showcasing " Salient features of Homoeopathy"  
All the students enthusiastically participated in the activities.

The Speech was delivered on the Theme of "Homoeoparivar - One Health and One Family" by our Academic Secretary of PG Council Dr.Sarita Jackson. The Prize distribution for the winners of our Cultural days, Sports day, Nss activities took place on this auspicious day.

The cake cutting ceremony was done by our Principal and Teaching Faculty.

The program concluded with the Vote of thanks delivered by Academic Secretary UG Council Ruchika Kaduskar expressing the gratitude to participants and audience for the Program.

The World Homoeopathy Day was an remarkable event, leaving everyone with increased knowledge and passion for Homoeopathy.







## Quiz Competition :-



### Winners:-

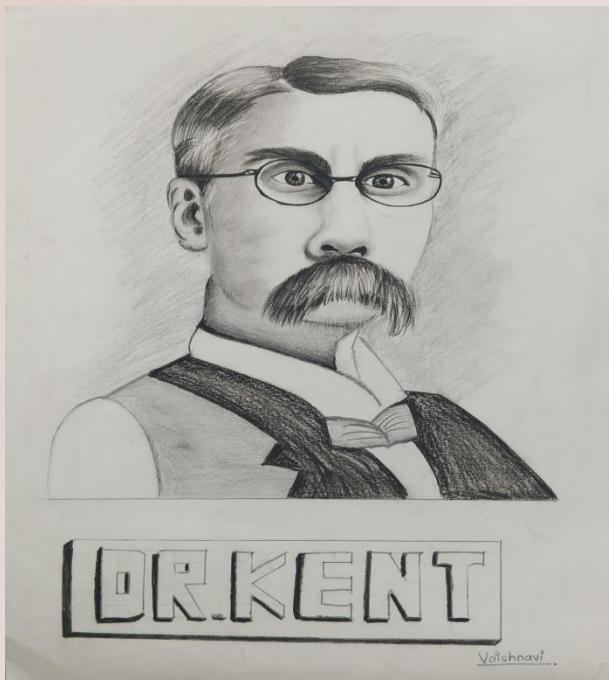
**Dr. Saurabh Gawande (PG)**  
**Anjali Mahale (3<sup>rd</sup> year)**  
**Naseem Shaikh (4<sup>th</sup> year)**



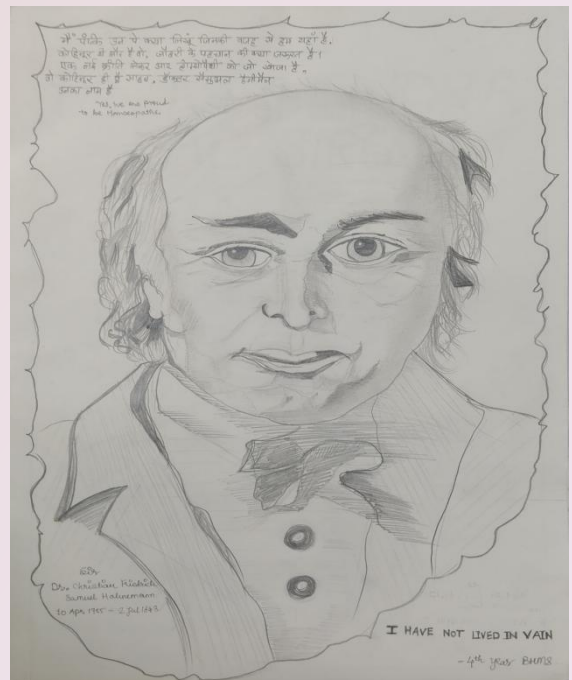
### 1st Runner Up:-

**Dr. Payal Israni (PG)**  
**Rahela Shaikh (3<sup>rd</sup> year)**  
**Namrata Mohangekar (4<sup>th</sup> year)**

## Sketch Competition:-



**1<sup>st</sup> Rank :- Vaishnavi Sali (3<sup>rd</sup> year)**



**2<sup>nd</sup> Rank :- Chintamani Mendadkar (4<sup>th</sup> year)**

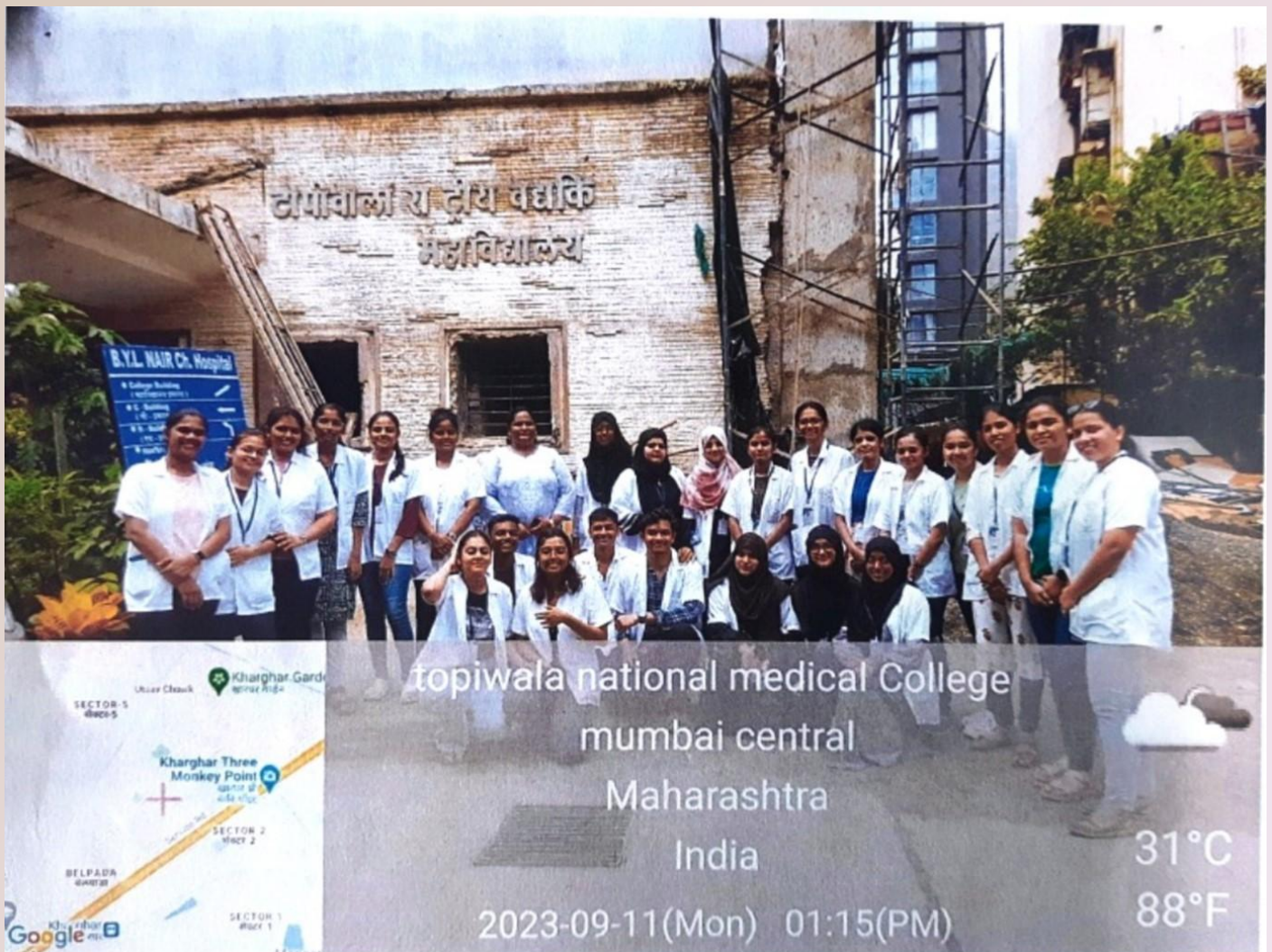


# FMT VISITS

## 1) Post martem

YMT HMC , Kharghar has organized visit to Topiwala National Medical College & B.Y.L. Nair Charitable Hospital for the students of 2<sup>nd</sup> year BHMS through the department of FMT in 11<sup>th</sup> September to 16<sup>th</sup> September 2023 under supervision of DR. APARNA KULGUDE (HOD OF FMT) and DR.ANJALI LAMTURE.

During this visit valuable guidance was provided regarding POST MARTEM and their objective includes 1) Determine cause of death. 2) Identify any contributing factors 3) Assess Medical interventions. 3) Support legal or Administrative actions. 5) Educate and improve practices.



**YMT HMC 2<sup>nd</sup> Year BHMS students seen along with Dr. Anjali Lamture (Asst.Prof. Department of FMT) during the Post Martem visit.**



## 2) Court Room Visit

Dr. G.D.Pol Foundation YMTHMC has organized court visit at CBD Belapur Court . Total 100 students has visited from 11/07/2023 to 12/07/2023

Purpose of visit : To study-

- 1) Medical ethics and etiquettes.
- 2) Summons ,warrant ,witness.
- 3) General court procedures.
- 4) Cases of medical negligence.



**YMT HMC 2<sup>nd</sup> Year BHMS students seen along with Dr. Aparna Kulgude (HOD & Asso.Prof. Department of FMT) during the Court room visit.**

## **COMMUNITY MEDICINE VISITS**

Subject of Community Medicine is taught in IV BHMS. To understand various theoretical topics in detail and have a visual & practical understanding of the topics , various field visits are arranged with the aim of enhancing the knowledge of the student and to uplift their performance , too.

### **Various Field Visit Conducted :-**

- ❖ **Primary Health Centre, Kharghar : - 02-01-2023  
01-07-2023**
- ❖ **RPG Industry Visit :- 27-01-2023  
19-10-2023**
- ❖ **Kasturba Hospital for Communicable Disease -Visit:- 13-02-2023 to 25-02-2023**
- ❖ **Milk Pasteurization –(Video Presentation) :- 03-04-2023  
25-10-2023**
- ❖ **Public Health Laboratory Visit:- 15-06-2023 to 16-06-2023**
- ❖ **Sewage Treatment Plant Visit:- 23-06-2023**
- ❖ **Kasturba Hospital for Communicable Disease- Visit :- 14-08-2023 to 22-09-2023**
- ❖ **Water Treatment Plant Visit :- 22-11-2023**





Sector 15, Kharghar, Maharashtra.  
Primary Health Centre  
Maharashtra  
India

2023-01-02 11:59(am)



Navi Mumbai, Maharashtra, India  
Konkani Bhawan, First Floor, Sakaram Patil Marg, Sector 6, CBD Belapur,  
Sector 6, CBD Belapur, Navi Mumbai, Maharashtra 400614, India

Lat 19.9223995°  
Long 73.040264°  
15/06/23 01:09 PM GMT +05:30



RPG Life Sciences Pvt limited.  
TTC Industrial Area, MIDC, Pawane Village, Kopar khairane.  
Maharashtra  
India

2023-01-27 04:09(pm)



RPG INDUSTRY VISIT  
Navi Mumbai  
Maharashtra  
India

	Decimal	DMS
Latitude	0.044096	0°2'38" N
Longitude	0.0	0°0'0" E

2023-10-19(Thu) 03:39(pm)



नवी मुंबई, महाराष्ट्र, India  
22XG+85M, Shivaji Nagar, MIDC इंडस्ट्रियल एरिया, शिरवणे गाव, नेरूळ,  
नवी मुंबई, महाराष्ट्र 400706, India  
Lat 19.048632°  
Long 73.025548°  
23/09/22 11:34 AM

Activate Windows  
Go to Settings to activate



Sector 16, Kharghar Navi Mumbai, Maharashtra 410210, India

Sewage Plan Treatment  
Maharashtra  
India

2022-11-23 12:27(pm)



water treatment plant  
Navi Mumbai  
Maharashtra  
India

	Decimal	DMS
Latitude	0.044096	0°2'38" N
Longitude	0.0	0°0'0" E

2023-11-22(Wed) 02:59(pm)



# KASTURBA HOSPITAL VISIT

**Kasturba batch 2023-24 Arthur road , Byculla.**

KASTURBA HOSPITAL established in 1892, a centre for infectious disease. The whole and sole aim for the purpose of isolation . The hospital on entering has a view of abundance of trees and a lot of greenery all over and this environmental conditions are helpful for treat the communicable diseases. We 4<sup>th</sup> year BHMS students were divided in batches for Kasturba hospital visit on infectious diseases. Observing General OPDs , hepatitis ward, fever ward where we all got an opportunity to communicate with, and examine all type of fever patients including dengue, Malaria , typhoid , Measles , mumps ,chickenpox ward were allotted to us as well.

They had a different burn section where we saw burns patients. We learned about the causes of burn , their undergoing treatment , therapeutics and diet. Every Morning in a group of 4-5 students from 9.00 am till 11.00 am we used to visit BURNS dressing section where we got an idea about identification of different types of burns with its dressing . General OPDs taught us about General allopathic prescription on common viral flu , allergies , general pain etc.

We got a practical utility about all these infectious diseases, diagnosis , systemic examination under the guidance of teachers and practitioners there.



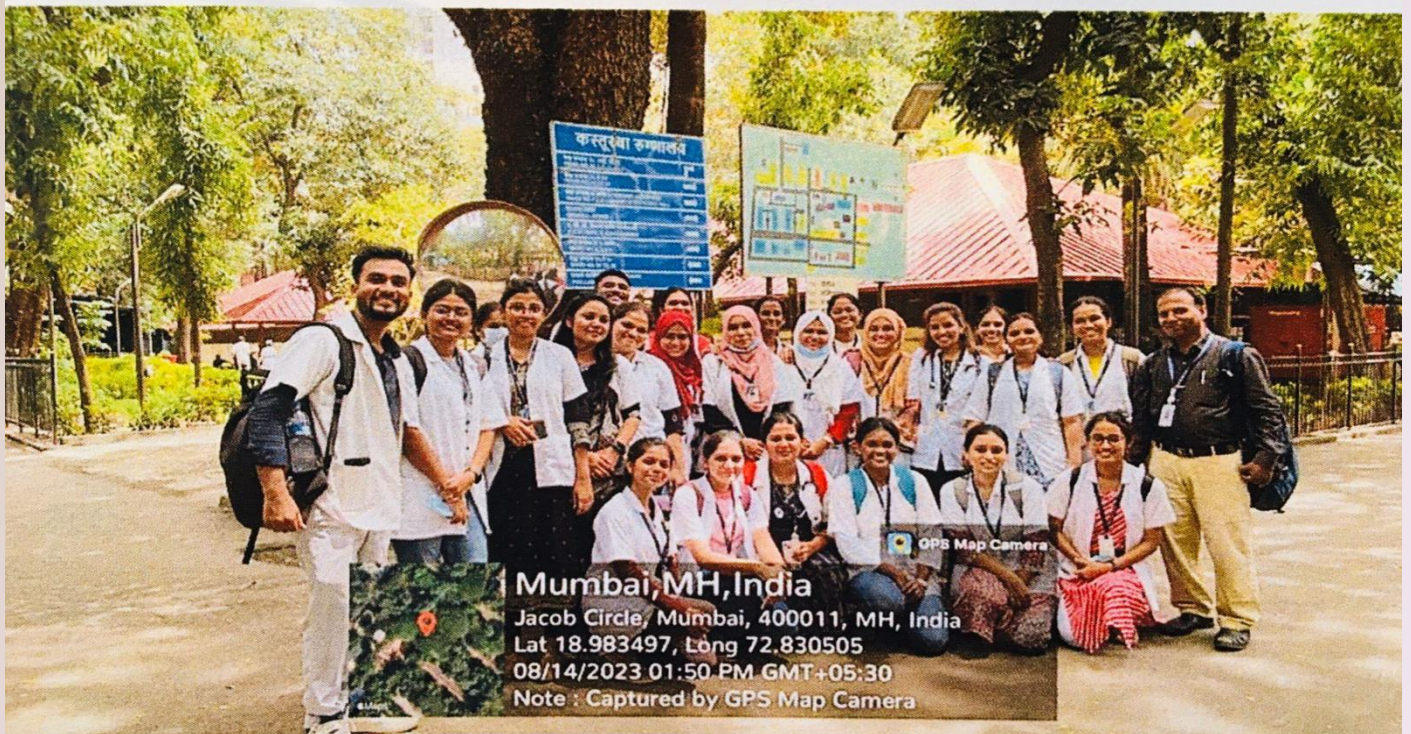


Kasturba Hospital, Mumbai  
Mumbai  
Maharashtra  
India

	Decimal	DMS
Latitude	19.010382	19°0'37" N
Longitude	73.020315	73°1'13" E

2023-02-13(Mon) 01:07(pm)

**YMT HMC IV Year Students at Kasturba Hospital for Communicable Disease-  
Visit:- 13-02-2023 to 25-02-2023**



Mumbai, MH, India  
Jacob Circle, Mumbai, 400011, MH, India  
Lat 18.983497, Long 72.830505  
08/14/2023 01:50 PM GMT+05:30  
Note : Captured by GPS Map Camera

**YMT HMC IV Year Students at Kasurba Hospital for Communicable Disease-  
Visit :- 14-08-2023 to 22-09-2023**



# YMT HMC TEACHING FACULTY MEMBERS



**First row (from L to R)** : Dr.Mistry, Dr.Vichare, Dr.Sawant , Dr.Meshram ,  
Dr. Kulgude , Dr.Mehta , Dr.Agale , Dr.Chikale , Dr.Wayal , Dr.Pawar ,  
Dr. Yamgar

**Second row (from L to R)** : Dr. Sanghavi , Dr. Pawar , Dr.Seliya , Dr.Menon ,  
**Director:- Dr.P.P.Page , Principal:- Dr.S.P.Dandge** , Dr. Sharma, Dr.Kulkarni ,  
Dr.Bhosale , Dr. Gopale

**Third row (from L to R)**: Dr.Mandle , Dr.Rawale , Dr. Kamble , Dr.Khan,  
Dr.Gurav, Dr. Bazaz, Dr.Mate , Dr.Chauhan , Dr. Joshi , Dr.Gaikwad ,  
Dr. Patil , Dr.Shende , Dr.Sable , Dr.Sable , Dr.Yadav , Dr. Serpes

## YMT HMC STUDENT COUNCIL WITH COUNCIL STAFF



**First row:-** Goraksh Pawar (Treasurer), Sanika Sawant (Ladies representative), Rahul Pawar (Sports Secretary), Shabenaaz Ansari (Sports Secretary), Khushi Gupta (Cultural Secretary), Jessica Vaz (General Secretary), Tanaya Dinde (Cultural Secretary), Ruchika Kaduskar (Academic Secretary), Akash Thorat (Magazine Secretary), Manasi Rane (Excursion Secretary), Rutuja Jadhav (NSS Co-ordinator)

**Second row:-** Dr. Y. Mandle (Sports Executive), Dr. J. Sanghavi (Sports Executive), Dr.V.Sharma (Vice President), **Dr.P.P.Page (Director)**, **Dr.S.P.Dandge (Principal)**, Dr.A.Meshram (Cultural Executive), Dr.S.Kulkarni (Magazine Executive), Dr.P.Yamgar (NSS Program Officer)





**YMT HMC NSS TEAM 2022-2023**



**YMT HMC NSS TEAM 2023-2024**







**EVENTS**



# CULTURAL EVENTS AT YMT HMC





# SPORTS EVENTS AT YMT HMC





# We conducted a Rally to protest against “Kolkata Rape Case”

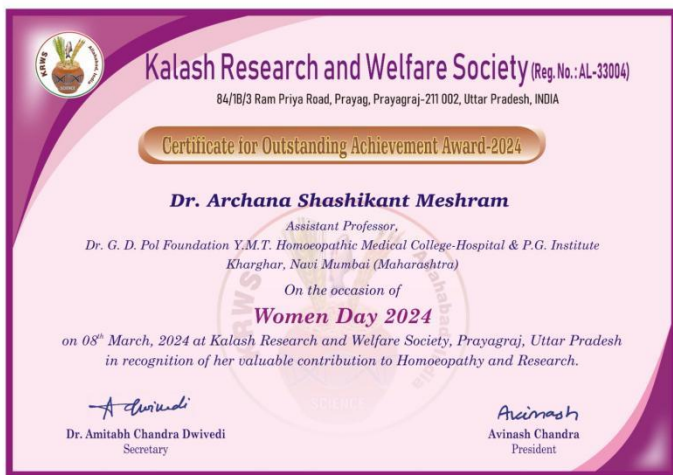


A decorative frame made of black scrollwork and flourishes, surrounding the text. The frame has a central opening where the text is placed. The scrollwork is symmetrical and intricate, with many small curls and loops.

ACHIEVEMENTS



# TEACHER'S ACHIEVEMENTS



On the occasion of Women's Day DR. ARCHANA MESHRAM have been awarded as an "outstanding Achievement Award 2024" by Kalash Research and Welfare Society.



In All India Homoeopathy Research Summit 2023 DR. ARCHANA MESHRAM have been awarded as 3<sup>rd</sup> Prize in "Poster Presentation Competition".

## YMT HMC STUDENT'S ACHIEVEMENTS



- ❖ Mr. Swarup Ganapati Kadam (Intern) participated in a short term research program for undergraduate students under the mentorship of Asst. Professor in the department of Medicine - Dr. Vinita Joshi Ma'am. Under the mentorship of ma'am he did research on the topic "Action of Sanguinaria Canadensis in an acute episode of migraine." This research underwent 2 trials of synopsis and dissertation after which result was declared in 3 months of participation that is in March 2022. The final dissertation result was declared after 9 months of research which was in December 2023.



- ❖ Mr. Chintamani Yashwant Mendadkar (4<sup>th</sup> Year) had the opportunity to participate in summer internship program organized by MUHS at various hospital for the period from 17-06-2023 to 02-07-2023.





पदवी तथा पदव्युत्तर स्नातक याचे करिता  
शैक्षणिक पुनर्वित्तोक्तन तथा प्रात्यक्षिक वर्ग



- ❖ Ms. Priyal Yogesh Patel (4<sup>th</sup> year) had the opportunity to participate in summer internship program organized by MUHS at various hospital for the period from 17-06-2023 to 02-07-2023.



- ❖ Mr. Rahul Balaji Pawar (4<sup>th</sup> Year) represented in All India Interuniversity (A.I.U.) games of cricket from TEAM MUHS in consecutive 2 years 2022-23 & in 2023-24 as captain of TEAM MUHS.

# **CONGRATULATIONS**

## **ACADEMIC RANKERS**

**WINTER 2022**

**I YEAR**



**MS. AISHA SIDDIQUI**  
**(1<sup>ST</sup> Rank)**



**MS. ANJALI MAHALE**  
**(2<sup>ND</sup> Rank)**

**II YEAR**



**MS. IFFAT SHAIKH**  
**(1<sup>ST</sup> Rank)**



**MS. GAURI MAYEKAR**  
**(2<sup>ND</sup> Rank)**



**IV YEAR**



**MS. SHREYA HEDA OO**  
**(1<sup>ST</sup> Rank)**



**MS. PRIYANKA WAGHMARE**  
**(2<sup>ND</sup> Rank)**

**SUMMER 2023**

**III YEAR**



**MS. SHABENAAZ ANSARI**  
**(1<sup>ST</sup> Rank)**

**IV YEAR**



**MS. ADEEBA NAAZ**

**(1<sup>ST</sup> Rank)**



**MS. GURPREET KAUR ARORA**

**(2<sup>ND</sup> Rank)**

**WINTER 2023**

**II YEAR**



**MS. AISHA SIDDIQUI**

**(1<sup>ST</sup> Rank)**



**MS. GAYATRI MULIK**

**(2<sup>ND</sup> Rank)**



**III YEAR**



**MS. IFFAT SHAIKH**  
**(1<sup>ST</sup> Rank)**



**MS. JESSICA VAZ**  
**(2<sup>ND</sup> Rank)**

**IV YEAR**



**MS. SHRUTI VANGA**  
**(1<sup>ST</sup> Rank)**



**MS. ARATI MHATRE**  
**(2<sup>ND</sup> Rank)**



*CREATIVE*

*STROKES*



## LIFE

Lots of wishes , demands and desire,  
But life won't give it to you  
Until you burn like fire.

Your hopes and expectations are high,  
But you will never reach them until you cry.

On this planet , nothing is for free

They say,

Because we all come to this

World to pay.

God may bless you with everything twice,

But he will also make sure you sacrifice.

You will go through pain and

Happiness both,

Trust him ! You will soon realize

Their worth.

## **MOTHER**

I'm in a world where everything  
is of mine,  
Of course , I came from someone  
who is divine.

She is the first person to smile for  
me on this lively earth,  
There were only tears of joy when  
she was giving me birth.

Adorable experiences always  
tie us together ,

The feeling of love and care  
remains the same forever.

She is my friend , my family,  
and my lover,

Because she is my mother .

**MS. NAFISA SHAIKH**  
**I YEAR (JUNIOR) YMT HMC**



## भेट

तुझ्यात मी असावे  
तुझ्यात मी दिसावे  
तुझा गोड चेहरा पाहून  
मलाच मी विसरावे ...  
तू यावे समोर माझ्या  
मी नकळत तुझ्याकडे पाहून हसावे  
नजरा नजर झाली की मात्र  
मी हळूच लाजावे ....  
दिसशील कधी घरा समोरून जातानी  
असा विचार करत मी तासनतास  
दारातच बसावे ....  
आस तुझ्या भेटीची  
कमी काही होईना  
चेहरा तुझा माझ्या  
डोळ्या समोरून जाईना ...  
खुप झाले आता हे  
भासांचे चेकमेट ,  
कधी प्रत्यक्षात येऊन  
थेट मला भेट ...

## आज ही

आरश्यात तुझा चेहरा दिसतो मला

आज ही ...

भोवतीला भास तुझा चालतो मला रातदिन

का जाणे कुणास ठाऊक भरून येते मन

आज ही ...

प्रेमात या तुझ्या मी विसरून जाते

आज ही ...

दिसशील कधी पुन्हा एकदा वाट बघते मी

आज ही ...

बोलताना नाव तुझे तोंडी असते आज ही ...

कशी जगू मी तुझ्या विना प्रश्न पडतो आज ही ...

भेट एकदा नव्याने

वाट बघते आज ही

वाट बघते आज ही ....

**MS. SNEHA NARWADE**

**I YEAR (SENIOR) YMT HMC**

YMT HMC



## THE NOBLE PROFESSION

Some say we are god,  
Some say us fraud.  
Some thanks us,  
And some curse.

To cure the sick,  
Is the first lesson we stick.  
Serving the humanity,  
Without any partiality,  
Of my profession, that's the sanity.

Rich or poor; dark or fair,  
He or she ; of any caste or race,  
It doesn't bother us,  
Neither do we care.

Maintaining the noble cause,  
Humanism is our ultimate boss.  
Working without flaw,  
Precision & Perfection is our basic law.

Forgetting our families,  
Forgetting all our grieves,  
Treating the people,  
So their health retrieve.

Working day and night,  
Of all the mishaps inspite.  
Awards, rewards cannot suffice,  
A doctor's life's mere sacrifice.

**MS. AISHA SIDDIQUI**  
**III YEAR YMT HMC**

## सागरी लाटा

डोळ्यांतून थेंब अश्रूंचे जेव्हा वाहतात  
तेव्हा या सागरांच्या लाटा एकांतात हव्याशा वाटतात

कधी अचानक एकटेपणाची जाणीव होते  
अश्यावेळी ही सागरी लाट साथ देते

संथ गतीने आवाज करत ही लाट येते  
मग मन हे आनंदाने आभाळच गाठते

किनाऱ्यावर सोबतीची चाहूल देते  
जणू मला ती दिलासाच देऊन जाते

एकटेपणाची जाणीव विसरून जाते  
जेव्हा ही संथ गतीने येणारी लाट भेटते .

## मराठी माती

मराठी मातीतून जन्मले हे संस्कार  
मराठी मातीतून आले हे उदगार

लढायला हवे फक्त स्वराज्यासाठी  
सुशील संस्कृत आहे ही मराठी

सर्वत्र आहे , मराठी मायबोली आमुची  
शान वाढवते या गर्जा महाराष्ट्राची

गर्व आहे मी मराठी असल्याचा  
आदर वाटतो मला त्या शूर क्रांतिवीरांचा  
स्वराज्यासाठी लढणाऱ्या शिवाजी महाराजांचा

**MS. SIDDHI PAWAR**

**I YEAR (SENIOR) YMT HMC**

YMT HMC



## SYMPTOM YA PERSONALITIES

Diplomat hai lycopodium  
Compassionate lover hai Natrum mur

Arnica is touch me not baby  
Sulphur is filthy baby

Pulsatila is cry baby  
Rhustox is restless baby

Countless hai remedies  
Countless hai remedies ke symptoms  
Countless hai remedies ke personalities

To be carbon copy of remedies  
To have personalities like remedies  
Is too boring  
Is too unhealthy  
Is too dangerous  
So stay healthy.

**MS. SABNOOR KHAN**  
**I YEAR (SENIOR) YMT HMC**

## मसला

चलो यह साल भी तेरे इंतजार में गुजर गया  
यह वक्त। ... यह ख्वाब। ... यह मलाल भी गुजर गया  
गुजर गयी वह एक शाम तेरे नाम की  
तेरे साथ मेरे आंगन का मेहताब भी गुजर गया  
आँखों की रोशनी से तेरा आज गुजर गया  
अंधेरो में से तेरा नाम गुजर गया  
लहू अब ठंडा पड गया हैं  
तेरी हाथो की नमी का वह साथ जो गुजर गया  
यह साल गुजरते गुजरते तुझे मुझसे थोडा  
दूर ले गया  
तलब ना हो तेरी। ...  
इसलिए , तेरी एक मुस्कुराहत मुझे तोहफे में  
देकर चला गया  
गुजरते गुजर गया यह साल भी  
बस मसला इसी बात का रह गया  
क्या कभी कह पाऊंगी में तुझसे अपनी दिल  
की बात ?  
बस इसी कहा सुनी में  
यह साल भी हर साल की तरह गुजर गया....



# Can the Rain take away your Pain?

- [July 24, 2023](#)

Do you often feel like giving up just because nothing goes your way? Does life seem painful lately and there are multiple if not just one single event that burdens your heart and soul? Are you carrying a lot of burden on your shoulders or do you find yourself crying alone just because you cannot confide your thoughts in another person or you feel that no one is capable of perceiving things the way you do?

If yes then you may compare your mental state to be similar to that of COMMON SALT i.e Not being salty but hygroscopic! But who knows if the hygroscopic-ness has made you salty too?

Salt retains moisture within it but in comparison to you, do you retain everything that happens to you and around you? Everything positive or negative, bitter or sweet, you just can't let go of it?

If all these questions seem to strike a cord, I might have just the solution for you! Lets compare you and your emotional state to the clouds full with water, ready to start pouring at any point of time.



Let me help you see yourself in place of these clouds.

1. Everything looks dull and gloomy because of the pain and bitterness you have held within yourself just as the clouds block the sun and make the sky look darker than it is.
2. You may tend to overlook the good things in life because you give undue importance to the bad ones. Just as on a rainy day, the clouds do not allow the sun to shine, similarly, the bitterness in your mind does not allow you to appreciate the sweet things in your life.
3. You have this feeling of being bore down because of the heaviness in you just as these clouds are heavy with the water within them.
4. You can break down in any situation just as these clouds can release the water within them and make it rain.

**But the important question is that - *How can you deal with all this gloominess & let go of the pain?***

Considering that you are a *Cloud laden with water (water here being your troubles)*, you have to do the same thing that the Nature makes these clouds to do - *to pour out all the water in it*. That is exactly what you have to do to release the pain, the hurt, the sadness and the bitterness inside of you.



***The one foolproof method is to CRY or VENT it all out.***

*Cry out when you are alone or write everything that bothers you on a piece of paper and tear the paper or burn it.*

The most important point is to let it all out of your system just as the clouds release the water in them. Once it is all done and out, the pain and the hurt inside of you will be let out, too, just the way mother nature makes it rain! (Remember that crying is a not a sign of weakness but it is a sign that you have been strong for too long.)



After you have done this, your problems may not disappear but you will definitely have renewed strength & a brighter outlook on the problems that will continue to come your way. Just as the rain enhances the beauty of the environment around it, so will you enhance the beauty within yourself and others around you.



*"Happiness can be found, even in the darkest of times, if one only remembers to turn on the light." - Albus Dumbledore*

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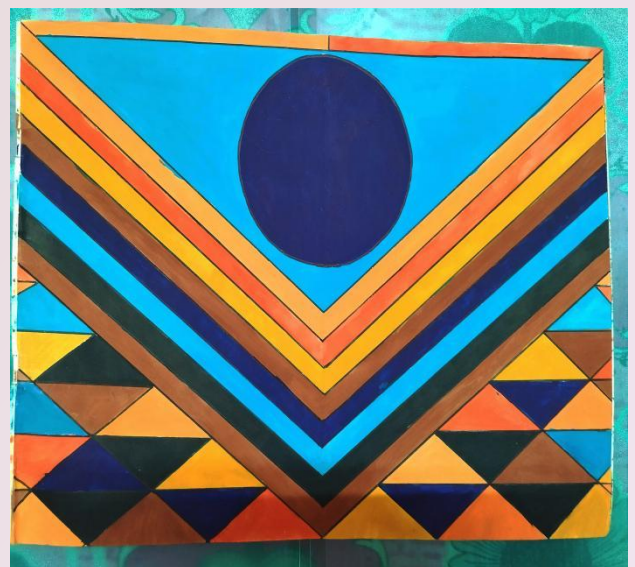
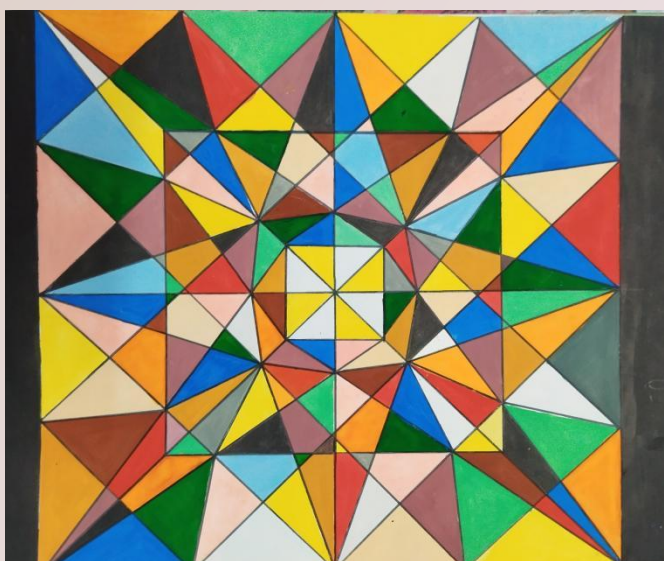


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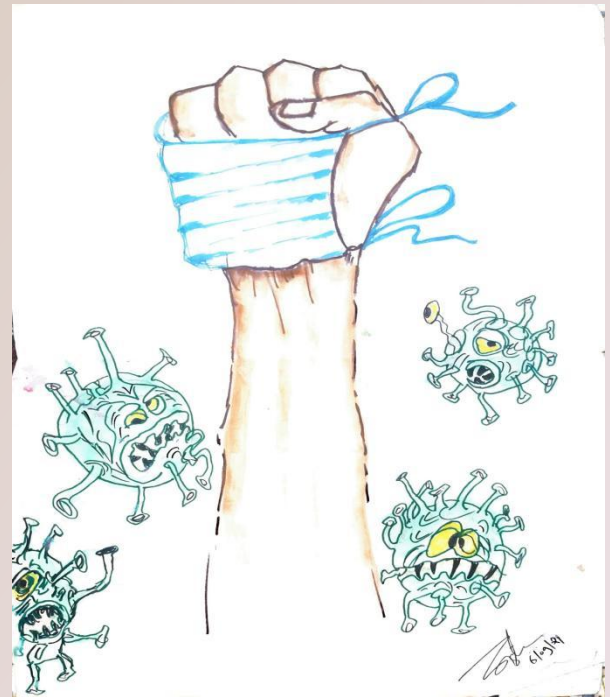


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**THANK YOU!**